



Urodynamic test



WHAT IS AN URODYNAMIC TEST?

A urodynamic examination is used to assess the bladder function. The test measures:

- how much your bladder can hold
- how the bladder contracts during urination
- how much the abdominal muscles affect the urination

BEFORE THE EXAMINATION

You must come to the examination with a need to urinate. You should drink half a litre of fluid at home and postpone the urination until you come to the hospital.

If you have difficulty arriving with a full bladder you can come to the hospital 1-1½ hour before the examination and drink water, tea or coffee here.

THE EXAMINATION

The examination usually takes about 45 minutes.

You lie on your back on the examination bed. The nurse washes the urethral opening with saline and injects local anaesthetic gel into the urethra.

A thin plastic catheter is placed in the bladder and one in the rectum. The latter measures the abdominal pressure. The placement of the catheter in the urethra may cause short-term discomfort but rarely pain.

The bladder is slowly filled with saline after which you are asked to urinate in a funnel. Men normally stand; women sit. The catheter stays in the bladder during the examination; it is not a problem to urinate while it is in the bladder.

AFTER THE EXAMINATION

After the examination it is normal to feel a bit of a sting when urinating. This will pass faster if you drink plenty of fluids for the rest of the day – preferably 2 litres of fluid. This also to prevent bladder infection.

Your doctor/GP will inform you of the findings from the examination. If the examina-

tion gives rise to consideration you and your doctor/GP can discuss this.

FURTHER QUESTIONS

If you have any further questions regarding your examinations you are always welcome to contact us at:

Hellerup: 3977 7070

Odense: 6548 7070

Aarhus: 8612 1186

Phone hours:

Monday-Thursday 8.00 am - 5.00 pm

Friday 8.00 am - 4.00 pm

info@capio.dk

www.capio.dk

○ **Hellerup**
Hans Bekkevolds Allé 2B
2900 Hellerup
Tlf.: 3977 7070

○ **Odense**
Pantheonsgade 25
5000 Odense C
Tlf.: 6548 7070

○ **Aarhus**
Margrethepladsen 3
8000 Aarhus C
Tlf.: 8612 1186

○ **MR Aarhus**
Morten Børups Gade 8
8000 Aarhus C
Tlf.: 8612 1200

○ **Viborg**
Stadion Allé 7
8800 Viborg
Tlf.: 8725 0899

○ **Skørping**
Himmerlandsvej 36
9520 Skørping
Tlf.: 9839 2244

info@capiro.dk • capiro.dk

Phone hours:
Monday-Thursday at 8 am-5 pm
Friday at 8 am-4 pm

By CFM, revised by HV
Last revised: March 16th 2021
To be revised: March 16th 2024
Version: 2



Capio

Del af Ramsay Santé